

# APRIL | 2024

## Heath High School



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

|  |   |  |   |  |
|--|---|--|---|--|
| <b>1</b><br><b>Italian Calzone Marinara Cup</b><br>Romaine Salad w/Dressing<br>Cherry Tomatoes<br>Pears<br>Milk                              | <b>2</b><br><b>Corn Dog on a Stick</b><br>Mac & Cheese<br>Steamed Peas<br>Fruit Cup<br>Milk                                       | <b>3</b><br><b>Dominos Pizza</b><br>Cheese or Pepperoni<br>Romaine Salad w/Dressing<br>Fresh Cucumbers<br>Fresh Fruit<br>Milk    | <b>4</b><br><b>Nacho Bar</b><br>Taco Meat, Chips, Queso<br>Blanco Sauce, Nacho Cheese<br>Sauce, Refried Beans,<br>Shredded Lettuce, Salsa, Sour<br>Cream, Jalapenos<br>Fruit Cup & Milk                       | <b>5</b><br><b>Chicken Wings</b><br>Tossed in Sauce<br>Bone-In or Boneless<br>Waffle Fries<br>Celery Sticks<br>Chilled Fruit<br>Milk                                       |
| <b>8</b><br><b>No School</b>   | <b>9</b><br><b>Popcorn Chicken Mashed Potato Bowl w/Gravy</b><br>Golden Corn<br>Chilled Peaches<br>Milk                           | <b>10</b><br><b>Quesadilla or Fiestada</b><br>Buttered Corn<br>Black Beans<br>Salsa & Sour Cream<br>Mixed Fruit<br>Milk          | <b>11</b><br><b>Brunch for Lunch</b><br>French Toast Sticks w/Syrup<br>Sausage Patties<br>Tator Tots<br>Carrot Sticks<br>Choice of Juice<br>Milk  | <b>12</b><br><b>Tomato Soup Grilled Cheese Sandwich</b><br>Romaine Salad w/Dressing<br>Choice of Fruit<br>Cup Cake<br>Milk   |
| <b>15</b><br><b>Chicken Drumsticks</b><br>Garlic Herb Potatoes<br>California Blend Veggies<br>Applesauce<br>Milk                             | <b>16</b><br><b>Bosco Sticks w/Sauce</b><br>Cheese or Pepperoni<br>Romaine Salad w/Dressing<br>Cherry Tomatoes<br>Peaches<br>Milk | <b>17</b><br><b>Pizza Hut</b><br>Cheese or Pepperoni<br>Romaine Salad w/Dressing<br>Fresh Broccoli<br>Fresh Fruit<br>Milk        | <b>18</b><br><b>Lasagna Roll Up w/Sauce</b><br>Garlic Bread<br>Steamed Green Beans<br>Sidekick Isee<br>Milk   | <b>19</b><br><b>Breaded Chicken Patty Sandwich</b><br>Regular or Spicy<br>Baked Beans<br>Mixed Fruit<br>Milk   |
| <b>22</b><br><b>General Tso Chicken</b><br>Steamed Rice<br>Mixed Vegetables<br>Water Chestnuts<br>Mandarin Oranges<br>Fortune Cookie<br>Milk | <b>23</b><br><b>Corn Dog on a Stick</b><br>Mac & Cheese<br>Steamed Peas<br>Fruit Cup<br>Chocolate or Vanilla Pudding<br>Milk      | <b>24</b><br><b>Stuffed Crust Pizza Cheese or Pepperoni</b><br>Romaine Salad w/Dressing<br>Garbanzo Beans<br>Fresh Fruit<br>Milk | <b>25</b><br><b>Throw Back Thursday Zoo Crew Nuggets</b><br>Smiley Potatoes<br>Applesauce Cup<br>Fruit Roll Up<br>Milk  | <b>26</b><br><b>Meatball Sub w/Marinara Sauce</b><br>Mozzarella Cheese<br>Mushrooms<br>Carrot Sticks<br>Diced Pears<br>Milk  |
| <b>29</b><br><b>Pulled Pork Sandwich</b><br>Corn on the Cob<br>Cole Slaw<br>Warm Cinnamon Apples<br>Milk                                     | <b>30</b><br><b>Chicken &amp; Waffles</b><br>Regular or Spicy<br>Baked Fries<br>Celery Sticks<br>Chilled Peaches<br>Milk          | <b>1</b><br><b>Jets Pizza</b><br>Cheese or Pepperoni<br>Romaine Salad w/Dressing<br>Cherry Tomatoes<br>Fresh Fruit<br>Milk       | <b>2</b><br><b>Taco Salad Bar</b><br>Chicken Fajita or Taco Meat,<br>Tortilla Bowl, Rice, Black<br>Beans, Cheese, Lettuce,<br>Jalapenos, Sour Cream, Salsa,<br>Cinnamon Churro Stick,<br>Chilled Fruit & Milk | <b>3</b><br><b>Chicken Tender Wrap</b><br>Regular or Spicy Chicken<br>Tenders on a Tortilla<br>Diced Tomatoes, Shredded<br>Lettuce, Shredded Cheese<br>Mixed Fruit<br>Milk |

### News

Sign up for [Myschoolbucks.com](https://myschoolbucks.com) to receive low balance alerts, make pre-payments or to check on your student's account

Breakfast items offered daily;  
 Bagels, Cereal, Nutri-Grain Bars,  
 Donuts, Cereal Bars, Parfaits with a  
 choice of fruit and a milk

Alternating Hot Breakfast items;  
 Sausage Egg & Cheese Sandwich,  
 Honey Buns, Muffins, Pancake on a  
 Stick, Mini Pancakes and Cinni  
 Minis

**Breakfast 1.50**

**Reduced 0.00**

**Lunch 3.00**

**Reduced 0.00**

**Ala Carte Entrée \$2.50**

**Milk .50**

**Bulldog Express has all  
 Beef Hot Dogs, Hamburgers,  
 Cheeseburgers, Large Pretzel  
 w/Cheese & Fries**

#### Daily Alternative Lunches:

Salad Bar w/Fresh Produce  
 Yogurt Parfait  
 P B & J Uncrustable  
 Hummus w/Pretzel Chips